

Dedicated to showcasing beauty queens who have made the most outstanding contributions in the pageant industry

MRS. UNIVERSE

ISSUE 1

DECEMBER 2021

SPOTLIGHT

Meet Mrs. Universe Australia
Finalist: Tanya Seepattha

INTRODUCING
Maryrose
SALUBRE

Photographed by: JAY GAERLAND
Makeup by: CANDY
Hair by: SHANEILE KEAYS

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MRS. UNIVERSE

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Grooming POINTERS

FROM REAL BEAUTY QUEENS

Being a beauty queen is, undeniably, about presenting the best version of yourself on stage. Let's face it; pageants aren't easy. Yet under bright stage lights and high definition cameras, beauty queens always look amazing somehow. Well, there's a reason for that. After years on the circuit, these pageant queens pick up a beauty secret or two.

Keeping yourself looking good and maintaining health and fitness are always going to be on your mind. So, you can understand why being a beauty queen is often very stressful! Keeping well groomed goes a long way in achieving excellent personal presentation. Here are some handy pointers to help keep you looking picture perfect and tiara-ready at all times:



1.

Taking care of your skin is of utmost importance to ensure your face provides the optimal canvas for a make up artist. Always ensure that you remove all traces of cosmetics every night before you go to sleep (no matter how tired you may be from a day of shooting).

Sleeping in makeup clogs pores and you need to leave your skin fresh and clean while it restores itself during the night. Follow a daily and nightly routine of cleansing, toning and moisturising. Protect your skin during the day with an SPF to reduce sun damage and associated ageing. A weekly scrub will help to remove dead skin cells and a good quality night cream (and consuming enough water) will help to keep your visage looking as plump and smooth as possible.



2.

Making sure that you get regular trims and treatments is important when you are a beauty queen. Hair can be put through the ringer via the work related styling that it has to endure. All that heat damage and potential colouring (if you are a hair model you will relate to this) can have your hair looking more like straw than silky strands. Taking time out to treat your hair can be invaluable in order restore its quality and shine.

You may opt for an in-salon treatment (the accompanying head massages are the best) or there are some simple at-home ways to give your hair a little pamper sesh. A simple mix of avocado, egg white and coconut oil contains enough natural emollients to provide a nourishing masque. Simply pop on while you relax in the bath or perhaps while you are undertaking other beauty routines simultaneously. A savvy model always knows how to multitask!



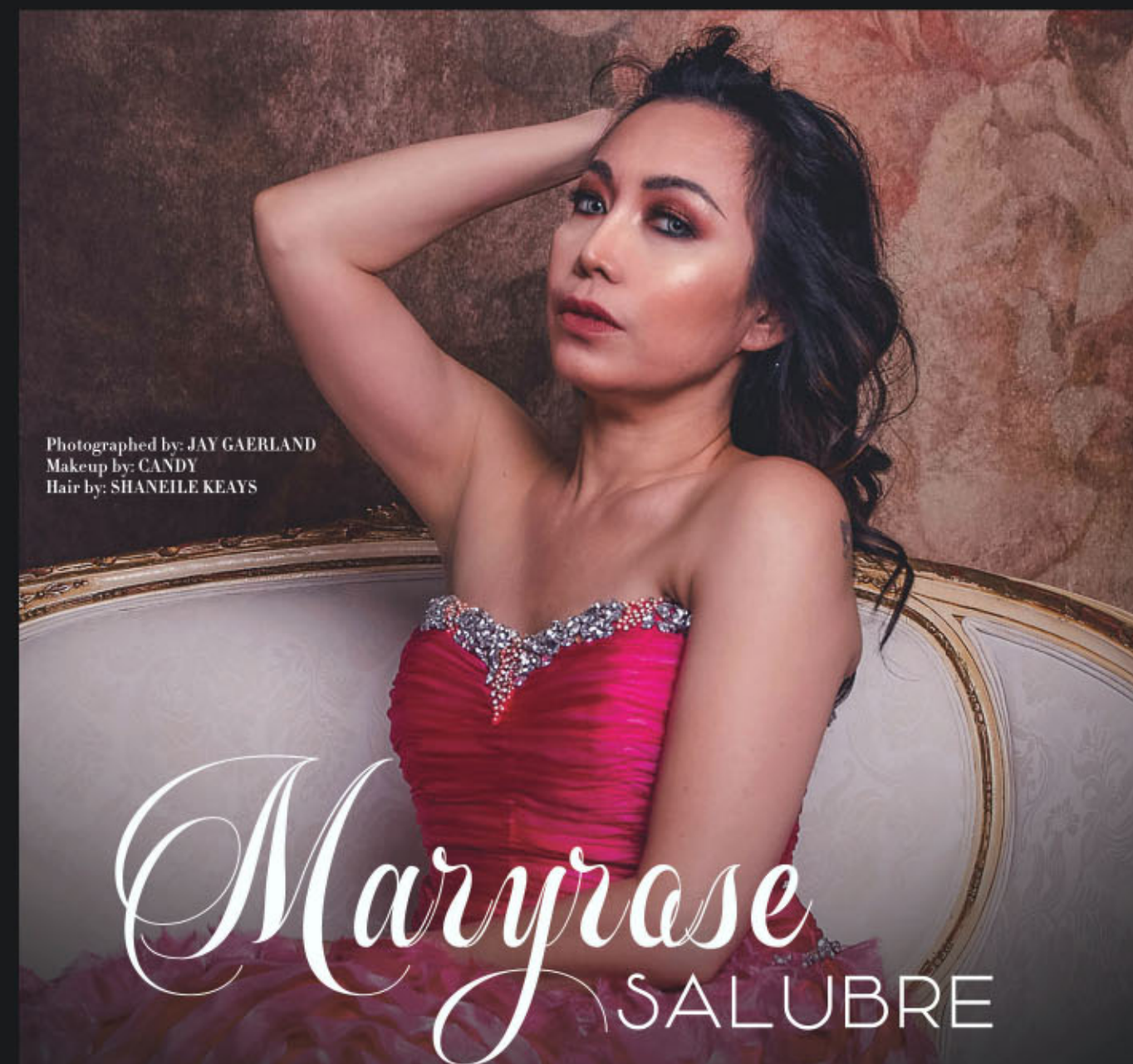
3.

It really is quite necessary to keep you nails looking perfect if you are a beauty queen. Portraits involving hands require nails that are uniform and aesthetically pleasing. No one wants to see some ugly claws next to a beautiful face in a photograph. Acrylic nails may be the easiest way to achieve this, however, they can result in unhealthy natural nails. Shellac on natural nails can be a slightly less damaging alternative. If you are going to go natural then regular manicures are a must. Invest in a nourishing treatment for nails and perhaps a strengthener to keep them going day in and day out without chips and breakages.

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Maryrose SALUBRE

It is very easy to believe that Maryrose Salubre possesses a Midas touch. Her successes so far have been numerous, both on the personal stage and in the pageantry spotlight. She's a breast cancer survivor and a national director of several pageants. She evolved from a beauty pageant contestant into a national director. She is the founder of Salubre Models Inc and has seen the rapid growth of the four pageants under the Australasia Official banner – Miss Teen/Miss/Mr/Mrs. Australasia. She's also the current national director of Mrs. Universe Australia and the founder of The Australian Golden Sash Awards and Sydney's Best Dressed.

The title could not have been more apt for Maryrose. Her achievements have shown her to be a woman of grit, determination, and yes, courage. She has used her personal struggles as a springboard for initiatives to help others. After beating breast cancer, she became a fervent advocate for breast cancer awareness. Maryrose was not idle when Typhoon Yolanda swept through her hometown of Bunga, Leyte, in 2013 and heavily damaged the Bunga National High School and Bunga Elementary School. The 4 Australasia Official pageants have all raised funds for breast cancer, BrainStorm (a charity dedicated to research into brain tumours run between Sydney's Royal Prince Alfred Hospital and the University of Sydney), and for the rebuilding of the two Bunga schools as well as providing them with much-needed supplies.

Maryrose has definite hopes for her involvement in the Mrs. Universe pageant, and it's in keeping with her ever-present goal to be a voice for others who feel powerless. She hopes to bring awareness to the exploitation of animals and animal cruelty and shine an even bigger spotlight on domestic violence. She wants to break down the stereotype of pageants being all about beauty and show that they can be a powerful tool in bringing attention to a wide variety of causes. Maryrose also dreams of using her time in the Mrs. Universe pageant to open more doors to her work, building kindergartens and orphanages not just in her hometown but in other areas that desperately need them.

Maryrose wants to go global, and her plans are big – Guinness World Records-big. She longs to see children housed adequately in an environment where they are safe and clean and have the opportunity to attend school. The Salubre legacy will be one of substance, confidence, courage, compassion, and a job well done. Maryrose is well on her way to achieving this goal and making it one that will be well remembered and admired.



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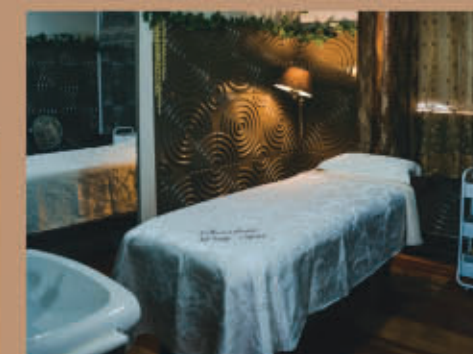
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So, you knew that the Hadid sisters (Gigi Hadid, and Bella Hadid to be precise) are the "it girls" of the moment and super hot property in general... But, did you know that they were both paid \$19K per minute (yes that's no typo) to walk the catwalk during the Mercedes Fashion Week? That's some eye-watering fast cash – all just for treading the boards in some killer frocks. They were paid 400K in total plus expenses for one show!

Catwalk modelling may seem like the easiest way to earn a pretty penny. However, becoming a runway super slayer is no mean feat. Here, we let you know what it actually takes to master the ultimate catwalk technique:

HOW TO MASTER THE CATWALK LIKE A Supermodel

1. Posture

Refined posture and poise are the cornerstones of professional runway modelling. The best way to achieve this is to literally "think tall." You can do this by imagining that there might be an invisible string that suspends from your head upwards – lifting you and giving you perfect posture. Keep your shoulders back.

While walking, stand up straight whilst leaning slightly backwards so that your legs go first, keep your toes pointed forwards and then extend one foot in front of the other. It's almost like you are walking a tightrope.

2. The Eyes

Never look consistently down at your audience. Keep your gaze forward – this creates a more confident look. Also, sustain a gaze that allows you to look over any glaring lights and flashes for your ease and comfort. Look at the cameras as required.

3. Posing

The standard catwalk route involves posing at the end of the runway for a few seconds to show off your attire and to stand still for the cameras. Fashion modelling generally calls for a commanding presence. However, keep in mind that there will be variations of style required in terms of posing and attitude depending on the context of the particular fashion show.

Exude confidence and play up the role that the brand you are representing requires. Match the rhythm of the music you are walking to – it might be a bit bouncier or it may be a bit sexy, a bit edgy or possibly even somber.

4. Arms

Keep your arms relaxed and let them sway naturally. What you do with your hands will depend on the clothing that you are wearing. If you have pockets you will probably make use of these.

5. Stay Calm

The most important piece of advice that one might possibly impart concerning runway modelling is to always keep your sense of fun and composure. Don't let anything keep you down and let your sparkle shine through.

If you are to trip or fall (or lose a shoe) remember that it does happen to the best of them. Dust yourself off and continue with grace, dignity and a sunny attitude. Better yet, turn a disaster into a theatrical triumph and it will be like nothing even went wrong in the first place!



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INTRODUCING SEACRET AMBASSADOR MARYROSE SALUBRE

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Tanya

SEERATTHA

Tanya Seeratttha is a 38-year-old entrepreneur who originally hails from Thailand but is now based in Sydney, Australia. She is the Chief Executive Officer and founder of Tanya Spa and Tanya Beauty Design.

A real estate agent and Korean surgery consultant for 40 hospitals in South Korea, she plans to expand the above mentioned in Thailand and different parts of the world. Her passion in the beauty industry is to give women the complete confidence they deserve despite their age.

Lastly is wealth creation, as she believes that every woman shouldn't compromise and have financial freedom, especially as a queen.

