

Dedicated to showcasing beauty queens who have made the most outstanding contributions in the pageant industry

MRS.



MRS. UNIVERSE  
OFFICIAL  
MRS. UNIVERSE CENTRAL AUSTRALIA 2022  
OFFICIAL



### *Inside Tips*

How every women and men should look after their skin in order to be the best inside out!

Cover Photography by: Tony Palliser

APRIL 2022



### LADY OF FASHION

Four simple ways to instantly become a more stylish woman in 2022

INTRODUCING

# Sannarya JAVIER

Mrs Universe Central Australia 2022

"Makeup by G Mobile Makeup & Hair Artistry" Dress by "Villoni" Crowned by Mrs Universe Official



Photographed by: JAY GAERLAND  
Makeup by: CANDY  
Hair by: SHANEILE KEAYS

Villoni



Photographed by: Tony Palliser

# MRS. UNIVERSE

## CONTENTS

- 4 **Cover Story:** Find out more about Mrs. Universe Central Australia 2022 - Tannaya Javier
- 8 **Featured Sponsor:** Chocolate Day Spa
- 10 **Fashion:** Four Ways To Instantly Become A More Stylish Woman In 2022
- 14 **Spotlight:** A handy guide to help you learn how to dress your body shape

## EDITORIAL

Founder and CEO Maryrose Salubre	Editor in Chief Kylie Anderson
Managing Editor Ryan Singh	Photographer Tony Palliser/Dave Choo
Hair and Makeup Jenny P	Chief Marketing Officer Brian Worrell Frugtniet
Senior Contributors Jessica J Leila Perez	Jenny Aluning Alex Lafrentz

Want to share your thoughts about SBD Magazine or Advertise with us?  
email: [info@msentertainmentnetwork.com](mailto:info@msentertainmentnetwork.com)

# Tannaya Javier

## Mrs. Universe Central Australia

- Mrs. Universe Central Australia 2022 – Mrs. Universe Official
- Sole Trader and Part-time Beauty Therapist
- Full-Time Home Loan Manager
- Brand Ambassador and Model for Chocolate Day Spa and BareLife Naturals Australia
- Skincare Agent – Seacret Direct Australia

A young entrepreneur who is currently engaged and soon to be married, Tannaya Javier is a mother of two (Cali, aged 11, and Manila, aged 7) who kick-started her career in the finance banking world for over ten years - she is now moving into the world of beauty. Tannaya was originally born in the Australian Capital of ACT. After growing up in Whitsunday, Queensland, she eventually moved to Wollongong when she was 11 years old with her father, who sadly passed away in 2014; where she then moved to Sydney, NSW, to start her family and build the life, she had always wanted.

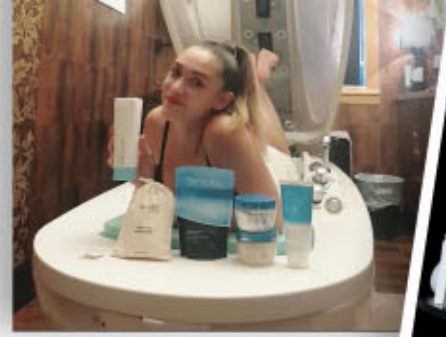
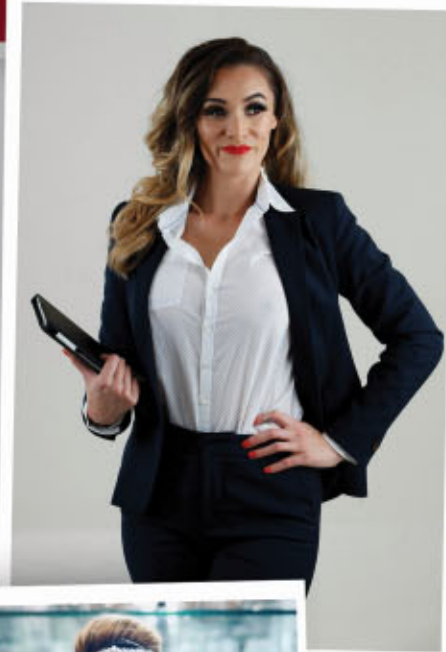
Tannaya has a real passion for dermatology and wants to share with the rest of the world what she has experienced firsthand - how she overcame her own struggles about her skin to become a public image for others who also experience the same problem she once had. Currently employed full-time with one of the major banking institutions in Australia, she's also studying at one of the leading academies in Australia (Australian Academy of Beauty Dermal and Laser) and completing a double diploma in Beauty Business (Diploma - Beauty Therapy, Salon Management with an extension course IPL and Laser Dermal) to achieve her career goals in opening a salon of her own. Tannaya is also self-employed, a part-time beauty therapist at one of the leading spas in Australia, and a brand ambassador/model for the very own BareLife Naturals Australia and Chocolate Day Spa. Despite running a busy lifestyle, she still sets aside time to ensure she has a work/ life balance showing others that even though she has so much on her plate; she can still do everything she loves doing while maintaining time with her family and making the most out of her time multitasking with what she has a passion to do - which is to inspire others that if you put your mind to it anything is possible.

Tannaya's advocacy promotes awareness of the Mental health of women, men, and children struggling with depression, anxiety, self-doubt, and self-awareness to help create change. She believes that advocacy is an essential means of raising awareness of mental health issues and ensuring that mental health is on the national agenda of governments. Advocacy can lead to improvements in policy, legislation, and service departments to help all walks of life overcome the struggles we face every day behind closed doors that others may not see. She has a passion for making a change towards this as she herself indirectly has had to overcome mental health issues.

Tannaya thrives on positivity, caring for others, and is focused on building her own empire that she can one day hand down to her own children. She believes this is a great platform to inspire and empower others to do the same. While she has a passion for everything, she will always endeavour to attend Mass on Sundays and make sure she attends charities to satisfy others and her own inner peace.

Tannaya's background is half Australian and half Filipino, with her mother being full Australian and her father being full Filipino. Her father had always wanted her to get into the pageant life from a very young age, while her mother always knew beauty and fashion would become her vocation. Tannaya wants to inspire her own daughter to grow into the best woman she can be while being a role model.

Tannaya's advice to everyone being in the pageant life is never to lose sight of yourself and always remember where you started and came from. Always be willing to help others and always support everyone while also putting yourself first. Never lose your confidence regardless of the negativity you may receive. Be yourself and love yourself. Remember being that 8-year-old girl you imagined you would be and the 80-year-old woman you want to become. Put God in the centre of everything you do, and everything will always fall together.



# Tannaya Javier

## SEACRET SKIN AGENT

**Mission statement:** "One goal: no interest on money, no special benefits for them, just a mission to save someone else." SEACRET is my official skincare - Seacret is the Rolls-Royce product of all skincare.

I joined Seacret Direct Australia in 2022 after it cured my skin conditions. I knew right there and then that SEACRET was the right skincare for me ever since the first time I used it.

**Tips for washing your face:** I never knew how to wash my face correctly, and washing your face is the entire skincare routine's foundation. You have three types of skin - oily, dry, or natural skin types.

**Wash your face at least twice a day:** day and night.

If you have dry or normal skin, only two washes a day is necessary.

**Note:** If you have oily skin, you can wash your face three times daily. Choosing the correct cleanser for your face is important because you don't want to remove the natural oils from your skin.

Focus on the cheeks, forehead, jawline, and neck.

Using less cleanser will not get the face clean while using more cleanser is a waste of product, so be sure that you get the right amount of cleanser to cover your face. A coin size amount is perfect.

Before applying the cleanser, rub the cleanser in your hands, creating some foam. How you apply, the cleanser is just important as the cleanser you use.

Apply the cleanser gently over the face, forehead, chin, jawline, and neck. Your neck and jawline are also prone to dirt and build-up, and they need some love too! Massage in a gentle

circular motion, and don't rub too hard. Ensure you apply the cleanser carefully; however, avoid getting any cleanser near your eyes. Do this for 30 seconds to 1 minute.

After you are done with the massaging process, rinse your skin with lukewarm water washing off the product thoroughly. Did you know that washing your face with cold water to close your pores is a myth?? Pores do not open and close like a door so ensure you always wash your face with lukewarm water.

Once completed, PAT DRY your skin. DO NOT RUB! Gently pat dry as rubbing can irritate, stretch, and potentially cause wrinkles on your skin over time. This is a common mistake we tend to make. Our skin is extremely delicate, so always pat dry and use a clean towel to avoid pressing bacteria onto your skin.

Once you are done washing and drying the face, it is always good to finish the skincare process with your eye serum, face serums, powder, and oil (vitamin C for the day and Vitamin A at night), then apply your moisturiser.

*The steps below explains how to give yourself a facial (religiously every morning and night):*

- Remove Makeup - eyes, and lip first.
- Exfoliate your face and neck 2-3 times a week.
- Daily cleanser - day and night for 30 seconds, then pat dry.
- Apply toner - get a face pad and put 3-5 dabs of toner on, then apply all around your face leaving it to dry for 5-10 seconds.
- Eye serum - apply around the eyelid / under the eye section and do the infinity sign (or number 8 around your eye).
- Apply face oil around your face and neck; massage into your face and neck for at least 10 seconds, leaving it to dry for the best results.
- Apply day or night cream.

**Note:** SEACRET BODY BUTTER is excellent for kids and grownups and can be used on the face and body.





## Chocolate Day Spa and BareLife Naturals Australia

### *The cure to my beauty*

The reason I have great skin! Miriam Scott, CEO, and Founder of Chocolate Day Spa and BareLife Naturals Australia.

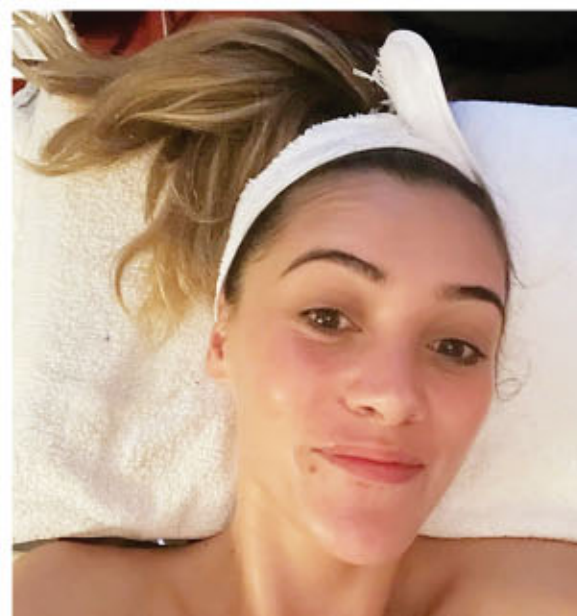
### My Chocolate Day Spa Story

I met the beautiful Miriam Scott in 2021 in search of someone to cater to my needs for Valentine's Day. I was looking for a valentines day package for my fiancé, and I called every spa, but I couldn't find any spa to cater to my needs until I came across the Chocolate Day Spa in Croydon Sydney. She was closed at the time, being a Sunday; however, Miriam could tell how desperate I was to find something last minute, and she was more than happy to put a package together for me and get my fiancé and me into the spa. When I arrived at the spa, she was very organised and had the spa set up for us. We had the 3-hour Cleopatra Goddess package, which includes a 90-min Cleopatra Anti-Cellulite treatment, a 60-min Essential Facial, and a 30-min Aromatherapy relaxation massage plus facial treatment Perfection X with a complimentary bottle of champagne and valentines' snacks on arrival. It was honestly one of the best experiences I have ever had.

After that, Miriam completed a skin consultation and skin analysis, and she noticed that I had bad acne breakouts on my face. At the time, I was working long hours and having hormonal changes in my body, and I didn't even know how to wash my face correctly. She suggested I do a program that would clear my skin and give me the refreshment that I was way overdue. I trusted that Miriam knew what she was doing, so I signed up for the 6-month program, which included micro-needling every 4 to 6 weeks, microdermabrasion every 4 to 6 weeks, perfection X every fortnight, and an Essential facial every week. Within the first month, I could tell there was a difference in my skin! I have been with Miriam for over a year now, and my skin is the best it's ever been. Miriam certainly knows what she is doing; she has been in the industry for over 15+ years and is highly recommended. Thank you for fixing my skin, you've made a massive difference in my life, and I wouldn't trust anyone else as much as I trust you with my skin.

After Miriam fixed my skin and I was off the program, it still didn't stop me from going to the spa; however, we have grown into being close friends and business acquaintances (much more than just a therapist and client). Miriam launched her own company named BareLife Naturals Australia in 2022, which has gone global. I am honoured to be a part of that being her brand ambassador and model because she has fixed my skin, and I want to share with everyone how it's possible to become the best version of themselves, just as she helped me. Miriam is a true inspiration and role model; her products and treatments are natural and organic. She is one therapist who knows what she is doing and doesn't worry about the dollar amount but worries about your skin and how she can help you fix it. She is so confident about her service that she is even prepared to give you a full refund if the treatment does not work for you. She truly wants the best for everyone's skin because she also faced the same thing once in her life. Her talent and work have inspired me to become a beauty therapist as I found my passion for skin dermatology through her just from her fixing my skin and making me understand how our skin works and what works best. Her knowledge and treatments truly speak for themselves! Check her out at [www.chocolatedayspa.com.au](http://www.chocolatedayspa.com.au) / [www.barelifenaturalsaustralia.com.au](http://www.barelifenaturalsaustralia.com.au) or drop by the spa for a chat.

You can also use my CODE - "BLNTANNAYA" for 10% off all treatments and products.



# My sponsors, supporters and local businesses that empower me



**Geeta** is a Mobile Sydney-based certified and gifted makeup artist, hairstylist, and teacher. After completing her course in beauty therapy, Geeta quickly built her name in the industry and is a highly sought-after artist. She believes that all women are beautiful and helps women achieve their perfect expression of beauty for a special event.

Whether it's location or studio photo shoots, television productions, or runway modelling, Geeta's experience with the industry's Who's Who has given her access to beauty secrets that she skillfully applies for the clients to be the best version of themselves. Geeta does hair and makeup to accentuate a client's own features, not to change them but to enhance them. Geeta describes her style as versatile and made to turn heads, focusing on techniques that have been perfected over the years. These days her focus is on moving more into natural beauty, vegan, and cruelty-free products.

**Note:** Geeta was behind the hair and makeup for the cover  
**Phone No.** 0466 566 084 **Instagram** geeta\_makeup\_artist



**Villoni Boutique** is proud to call its store one of the most exquisite stores in Sydney, Australia. Best known as the signature store to get your perfect dress! They are also known for their exclusive designs and one-of-a-kind pieces. With over 40 years of experience in every kind of occasion, from bridal, bridesmaids, school formals, 21st, pre-wedding parties, engagement celebration, and christening your baby, you name it, they have it all! - Villoni has sponsored the cover dress as well as SEACRET dresses.



Order online - [www.chesterhillflorist.com](http://www.chesterhillflorist.com)



**Address:** T5 Elara Village 111 Elara Boulevard Marsden Park NSW 2765

**OPENING HOURS:** Monday - Friday 7.30am - 5.30pm and Saturday-Sunday 7.30am - 4.30pm

**CONTACT:** (02) 8632 1575 / [marsdenpark@leafcafe.com.au](mailto:marsdenpark@leafcafe.com.au)

**ABOUT LEAF CAFE:** Situated in the brand new precinct of Elara Village Shopping Centre Marsden Park, Peruse through their menu because they are ready for the open day!



**Pretty Look Eyewear** was established in 2020. They are a small Australian-owned business that started out at the Whitsunday Markets and soon launched online. They are now travelling to Australia doing pop-up stores around the country; they are currently in Western Australia.

Their goal is to deliver high-quality, stylish Eyewear with an affordable price tag.

Living in Australia, they already know the benefits of sunglasses. Their sunglasses are UV400 offering 99 -100% UV protection from harmful ultraviolet light rays, blocking wavelengths up to 400 nanometers, including UVA & UVB rays.

They also specialise in Blue Light Blocking Glasses, with blue-light filtering lens technology, which prevents High Energy Visible (HEV) light emitted from all digital screens from affecting your sleep patterns (circadian rhythms) and eye health (macular degeneration).

Minimize Digital Eye Strain: Reduce headaches/migraines, blurred vision, difficulty focusing, or strained eyes from using your digital screens. Their everyday lens help block out harmful HEV blue light emitted from all digital screens. This is perfect for most users and offers the optimum balance between blocking enough blue light and minimising colour distortion.

It's not just your eyes but also your brain, which can be affected by digital screens. HEV blue light can affect your circadian rhythms, tricking your brain into thinking it's the middle of the day and prevent you from getting a good night's sleep. Their computer glasses will help you fall asleep quicker and sleep better after using your digital devices in the evenings and nighttime.

They are proud to offer their customers the latest technology and fashion in Eyewear at an affordable price.

(Limited time) Offering FREE Shipping over \$70 Australia-wide.

Official website: [www.prettylookeyewear.com.au](http://www.prettylookeyewear.com.au)

Instagram/Facebook: @prettylookeyewear Also, check out their sister store: Pretty Look Co

Offering affordable ladies' swim and special occasion toddler outfits ([www.prettylookco.com.au](http://www.prettylookco.com.au)).

For an extra 20% OFF Mrs. Universe discount at either store. Use code: TANNAYA20

### HEYA TV



Heya TV is a genuine empowerment story; the production company was established to support and represent a multicultural Australia in the media by showcasing stories and inspiring creators.

They are media all-rounders creating videos, radio broadcasting, advertising, event management, developing brands, and a digital presence to showcase your brand to Australia and the world. Their talented team has over 50 years of combined industry experience in media and film production. Their staff has worked with Disney, MTV, Channel 7, Channel 9, Channel 10, Channel V, Foxtel, Sky News, SBS, and other major international networks. Visit their website: [heyya.tv](http://heyya.tv) Or call them via 0411143146.



# YOUR NEWEST ORGANIC ONLINE HUB IS FINALLY HERE!

WWW.BARELIFENATURALS.AU



Indeed, we can't exist apart from nature—and BareLife Naturals Australia, a Sydney-based organic hub, surely couldn't agree more.

Recognising the important role of the environment in human life, **Miriam Solo-Scott**, a Filipino-Australian philanthropist and the Founder of BareLife Naturals Australia, started such a passion project by envisioning a peaceful and sustainable world where people live in harmony with nature.

Through Miriam's unwavering determination, she embarked on this meaningful initiative despite coming from an impoverished background.

Today, BareLife Naturals offers organic products and services that do not only encourage corporate sustainability but also empower a new generation of naturalists.

You could learn more about the brand through its website, [www.barelifenaturalsaustralia.com](http://www.barelifenaturalsaustralia.com), or by visiting their social media account: @barelifenaturalsaustralia.

  @barelifenaturalsaustralia

## BARELIFE NATURALS SUGARING WAX

Remove unwanted body hair safely and healthily with **BareLife Naturals Sugaring Wax!**

Say goodbye to redness, ingrown, and razor bumps as you keep your skin smooth and hair-free with the revitalising nourishment of honey.



MIRIAM SOLO-SCOTT, FOUNDER



## THE QUEEN HAS ARRIVED!

### CLEOPATRA GODDESS PACKAGE

You will definitely feel like a queen after trying this package. This Cleopatra Goddess Package will definitely cover everything from head to toes. Starting with a 90-min Cleopatra Anti-cellulite treatment, a 60-min Essential Facial, and a 30-min Aromatherapy Relaxation Massage.



## WORK FOR YOURSELF, NOT BY YOURSELF

We are now offering a coworking space or space rental for freelance makeup artists, beauticians, skincare consultants, massage therapists, and nail technicians, among others.



So if you're looking for the perfect spot to meet up with your clients, then it's time to end your search right here at the Chocolate Day Spa for as low as **\$10 per hour!**

Location: Chocolate Day Spa  
136 Georges River Rd.  
Croydon Park NSW 2133

## ENJOY A VICTORIAN HIGH TEA PARTY!

A new level of pampering! A 4-hour exclusive high tea pampering session with spa treatments from head to toe including Spa Capsule Body Treatment (45mins), Aromatherapy Massage (30mins), Refreshing Facial (30mins), Perfectio X Treatment (15mins), UNLIMITED organic tea and finger foods, FREE bottle of wine and more exciting stuff.

[www.chocolatedayspa.com.au](http://www.chocolatedayspa.com.au)

  @chocolatedayspau

By Chi de Jesus

Hello there, fashionistas! We're pretty much in the last month of summer and fall's just around the corner! While you're putting together your wardrobe for those special occasions based on your body type, here's one important fashion element that you can also think about to either spruce or glamourise your ensemble – ACCESSORIES.

This means your jewellery, handbags, shoes, eyewear, and even your hair blings. So, let me jump on the bandwagon by saying that "the devil is in the details" because it is. What you put together makes people want to come nearer and see you. What they see up close makes them want to leave you IF – they're not well thought of or they're just ... too much.

So, here are some points to ponder as you go through your collection of fashion blings through the years:

#### **Streamline the look**

After putting together your ensemble, use your accessories to complement its design – a thin neckpiece for that gorgeous neckline, a nice bangle for those sleeves, an interesting handbag for a pop of colour.

Accessorise to transform the simple chic

To update simple silhouettes or straight-lined designs, add interesting pieces to make them look more fab. A simple wife beater and denim look would look really exciting with open-toe high heels, layered neckpieces or bangles, and possibly cool sunnies.

#### **Have a focal point**

Accessorising can be fun but too much fun will make you look like a treasure chest threw up on you. You can possibly wear 3-4 pieces but make sure to find that one accessory that will be the accent of your look. A subdued colour ensemble could get that necessary pop with an asymmetric bag or even a signature piece of jewellery.

#### **Create a colour story**

Build on 2-3 colours to make your look cohesive and well- thought of. Wearing gold with silver is not so taboo anymore but make sure that it's consistent – you can now throw in rose gold, leather and feather as long as it doesn't unintentionally clash with your outfit.

Choosing the colours of your accessories can either come off as a complementary feature of the whole ensemble or an eyesore unless that's what you're aiming for. The first step, review your colour wheel.

#### **Size matters**

As body type directs you to what type of clothes you may wear, so does accessorizing – with an addition of your height. Women with larger body frames can deal with larger accessories. Ideally, women with a smaller frame should be more careful in choosing accessories that can "eat them up."

#### **Quality, Quality, Quality**

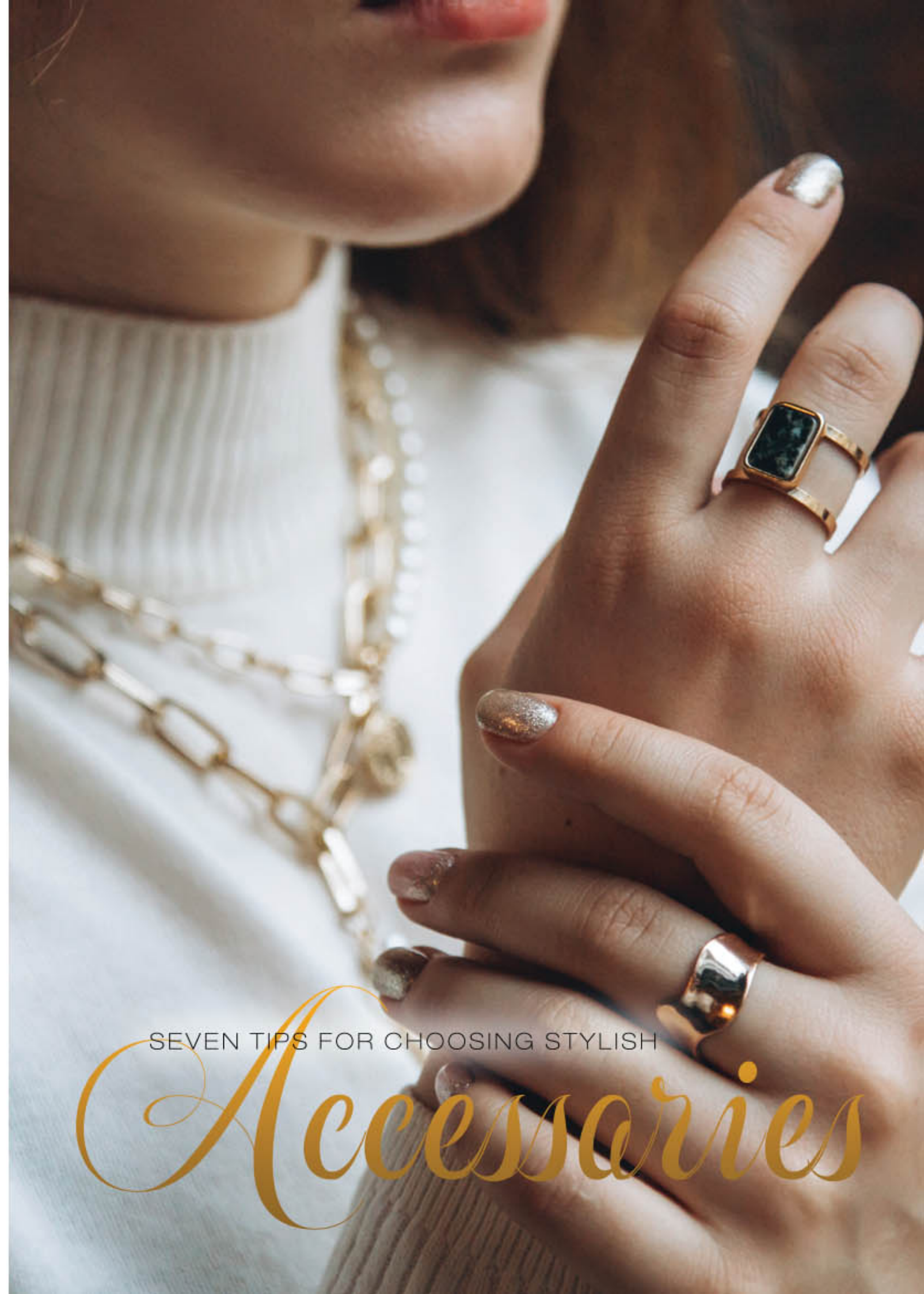
Your accessories can be your "bat signal" or "magic lasso" so make sure that you be mindful of the quality of your accessories. Even wigs can be tricky. Cheap ones may not look like your natural hair colour so make sure that it's at least within an acceptable shade and texture. Otherwise, it would look like a dead animal on your head.

Your shoes will always be your saving grace

If there's anything that you would have to save for, it'll be shoes. The right fit and design make you stand tall in so many ways. Just don't forget your standards – closed-toes for a more classic look, open-toe for sleeveless and shoulder revealing tops, platforms for picnics, flats for the beach, and long shopping trips. There will always be something that will match the standard black, nude, and gold/silver so always keep one handy.

Accessorising is fun and it's important that whatever you put on can strike a conversation to make meeting you more interesting. Just don't forget that "cohesion is key;" there is just one look in one go, it's like having a lot of things to say without meaning anything that's why "cohesion is key." Also, having so much fun putting things on can make you look too busy or "trying hard" so learn how to edit.

Source: The Australian Filipina



# SEVEN TIPS FOR CHOOSING STYLISH *Necessaries*

Photographed by: JAY GAERLAND  
Makeup by: CANDY  
Hair by: SHANEILE KEAYS



Photographed by: JAY GAERLAND  
Makeup by: CANDY  
Hair by: SHANEILE KEAYS



INTRODUCING SEACRET AMBASSADOR MARYROSE SALUBRE

# SEACRET



# HOW TO DRESS FOR YOUR *Body Type*

I've simplified this article to help you go through your wardrobe and find that piece and focused on the four usual body shapes – the rest would be adjusting to the different standard shapes. This could also be a good basis for how you can adapt to the trends or even create a signature look that's uniquely yours.

## **THE PEAR BODY TYPE (or the triangle)**

Key points: narrow shoulder, wider hips, fuller rear

Strategy: Elongate, draw attention to the top – brighter colours on top, darker colours for bottoms

Do's: dainty or fun tops, interesting necklines (V, cowl, scoop), waist-length or mid-thigh jackets, below-the-knee skirts, perfect fit dark jeans, and layered necklaces to draw attention to the face.

Don'ts: bright coloured overly fitted jeans and distressed jeans that call attention to the bottom part

## **THE HOURGLASS-SHAPED BODY TYPE**

Key points: well-defined waist, fuller bust, hips, and thighs

Strategy: define the waist, choose body-hugging silhouettes, balance

Do's: form-fitting jersey knits, wrap tops, elbow-length sleeves, bomber jackets, fit top and flare bottom dresses, high-waisted skinny jeans, fitted jumpsuits, skinny waist-belts

Don'ts: boxy silhouettes, straight skirts, stiff fabric, low-waisted skirts and if you love ruffles, make sure it's even from top to bottom.

## **THE APPLE-SHAPED BODY TYPE (or inverted triangle)**

Key points: no well-defined waistline, shoulders are broader than your hips

Strategy: focus on the peripherals – amazing legs, arms, and the bust, volume on the hips

Do's: A-line silhouettes, flowy tunics, relaxed silhouettes, V-neck, strapless or sleeveless tops, vests, mini skirts, vertical and diagonal stripes, skinny jeans, boot cut or cigarette pants, bracelets, and rings

Don'ts: never jersey, horizontal stripes, body-hugging silhouettes, cropped tops and round or high necklines, hot pants, shapeless garments, high rise jeans, sabrinas

## **THE RECTANGULAR SHAPED BODY TYPE (or the straight/athletic)**

Key points: not curvy, hips and shoulders have the same measure or evenly distributed including the waist – usually called the "boyish frame"

Strategy: keep the volume either on the top or the bottom

Do's: halters, racerback styles, strapless tops, embellished necklines, tank tops, belted tops, flowy outerwear, A-line cuts, statement earrings, rings

Don'ts: jackets that end at the waist, boxy clothes, square necks, fitted sleeves, extreme flare pants

Did you get the general idea? Ready to go through your wardrobe? Take a photo add a caption and send it here! We'll feature you in our next article. Happy styling!



# ONE

TV ONE AUSTRALIA

